

3-in-1 CERVICAL SCREENING (COLPOSCOPY, BIOPSY, & ECC)

WHAT IS A COLPOSCOPY?

A colposcopy is a gynaecologic examination of the cervix. With help of a microscope, the doctor takes a smear test from the vagina and cervical canal. Local anaesthesia is offered with either spray or injection.

WHAT IS A CERVICAL BIOPSY?

It is a procedure where small cell samples are taken from the cervix for analysis. The samples are looked at nearer to identify abnormal cells.

WHAT IS AN ENDOCERVICAL CURETTAGE?

An endocervical curettage (ECC) is a method used to get small samples by gently scraping cells in the cervical canal with a little brush or curette.

WHAT ABOUT PAINS POST-BIOPSY?

The examination can cause some slight pains. If needed, we recommend you take 2 pills of 500mg Paracetamol (Pamol, Panodil, Pinex) - no more than 4 times a day.

WHAT HAPPENS AFTER THE CERVICAL BIOPSY?

The examination ends with the doctor placing a piece of Spongostan® and a strip of gauze soaked in salt water into the vagina so that it presses up against the cervix. This stops the small bleeding that otherwise comes from the places where the tissue samples were taken.

WHEN CAN I GO HOME?

You should normally be able to go home right after the test. After 2 hours you remove the strip of gauze. After this the Spongostan® may come out as a bloody lump. This is completely normal.

WHAT SHOULD I EXPECT AFTER THE EXAMINATION?

You might get some fresh bleedings in the beginning, and later brownish discharge.

WHEN DO I GET THE RESULTS?

Before leaving we will inform you of the possible results and what they involve. If there are no or few abnormal cells you will simply have to get regular check-ups. If there are noticeably abnormal cells you will have to get a cone biopsy (conization) to remove them. Before going home, you must agree with the doctor how you wish to get the results.

HOW CAN I AVOID INFECTIONS?

Until you completely stop bleeding you ought to:

- ❖ Avoid unprotected intercourse.
- ❖ Avoid bathing in a bathtub, swimming pool, or the sea
- ❖ Use pads rather than tampons

WHO CAN I CALL WITH QUESTIONS?

You are welcome to call Kvindeklinden during telephone hours on 36 46 71 40.

Revised September 2022. To be revised on an ongoing basis and certainly no later than September 2025, before in case of any significant changes.