

3-in-1 CERVICAL EXAMINATION (COLPOSCOPY, BIOPSY, & ECC)

WHAT IS A COLPOSCOPY?

A colposcopy is a gynaecologic examination of the cervix, with help of a microscope.

You should normally be able to go home right after the test.

WHAT IS A CERVICAL BIOPSY?

It is a procedure where small cell samples are taken from the cervix for analysis. The samples are looked at nearer to identify abnormal cells.

WHAT SHOULD I EXPECT AFTER THE EXAMINATION?

You might get some fresh bleedings in the beginning, and later brownish discharge.

WHAT IS AN ENDOCERVICAL CURETTAGE?

An endocervical curettage (ECC) is a method used to get small samples by gently scraping cells in the cervical canal with a little brush or curette.

WHEN DO I GET THE RESULTS?

Before leaving we will inform you of the possible results and what they involve. If there are no or few abnormal cells you will simply have to get regular check-ups. If there are noticeably abnormal cells you will have to get a cone biopsy (conization) to remove them. Before going home, you must agree with the doctor how you wish to get the results.

WHAT ABOUT PAINS POST-BIOPSY?

The examination can cause some slight pains. If needed, we recommend you take 2 pills of 500mg Paracetamol (Pamol, Panodil, Pinex) - no more than 4 times a day.

HOW CAN I AVOID INFECTIONS?

Until you completely stop bleeding you ought to:

- Avoid intercourse
- Avoid bathing in a bathtub, swimming pool, or the sea
- Use pads rather than tampons

WHEN CAN I GO HOME?

WHO CAN I CALL WITH QUESTIONS?

You are welcome to call Kvindeklínikken every weekday from 8.00 - 15.00 on 36 46 71 40.

Revised August 2021. To be revised on an ongoing basis and certainly no later than 1 April 2022, before in case of any significant changes.